



“Clean up the bowel and you clean up the patient.” All my mentors and teachers said this as their extensive experience and mine has showed a universal truth. Auto-intoxication of the body from absorbing bowel toxins into the blood is a contributing factor or cause of many health challenges. Thousands of my patients have regained their health as a result of cleaning up a dirty bowel.

There are thousands of products on the market for bowel correction and I've tried most of them. The original ancient formulas that I have used for many years are still the most effective that I have seen. Only one company that I know of makes these formulas in their original form with the consistently reliable results that I have come to depend on.

So many of us are told it is normal to be sick because we are bombarded with media brainwashing that says everybody has some sort of health challenge and if you take the drug you will be feeling better in the morning. Covering up the real cause of ill health can only lead to more ill health. Don't believe it when you are told it is normal to be tired and sore because of your age. I'm 52 and can compete with people half my age. Why is North America so far behind many other countries in the health of the people? We are covering up some of the real contributing factors to ill health by turning to drugs for relief of symptoms.

Retaining toxic waste from the digestive process too long in the body leads to a rotting of these by products and eventual reabsorbing of the poisons into the bloodstream. Every cell in the body is supplied by nutrients from the blood and thus is affected by toxins in the blood as well. Without at least two bowel movements a day the bowel will start to auto-intoxicate the rest of the body. Many feel that the bowel is normal at lesser frequency but experience shows that any constipation will lead to a decrease in the well being of the body. Even mainstream media has commercials showing how good people feel when their bowel is working.

Bowel cancer has become one of the major causes of death in North America and was almost unheard of a century ago. Low fiber foods and lack of exercise have lead in part to this epidemic of a problem known to be caused in part by the exposure of the bowel to toxic damage. Many experts over the years like Dr. Bernard Jensen, Dr. Norman Walker, and Dr. Harvey Kellogg have expounded the virtues of cleaning up the bowel but have been largely ignored because of the lack of interest by a public depending on drugs. Getting off drugs and correcting bowel function can restore normal health no matter how long the problems have existed.

Bowel management should be an integral part of everyone's health regime. Making health a hobby can be an enjoyable and rewarding endeavor. Natural products like the ancient formulas I've used for years can be a valuable addition to anyone's health regime.