



The Life Tree

866-448-1789  
334-448-1789  
TheLifeTree.com

# Cleanse FX

## Supports Digestion and Improves Regularity

Cleanse FX is an all-natural digestive aid that uses a special blending of herbs to gently help cleanse and promote the normal functions of the colon.

### How To Use Cleanse FX:

- ⇒ Initially take 1 or 2 capsules daily, with a glass of water. Adjust according to your individual body requirements and level of health.
- ⇒ For best results, take the product on a rotational basis (4-days-on followed by a 2-days-off cycle). For individuals with a sluggish colon, use the 2-day-off period to evaluate the strengthening progress.
- ⇒ Take at any time of the day that is convenient for you, but the Master Herbalist has recommended just before bedtime **or** two hours after a meal. If on medication, take it 3 or 4 hours before **or** after taking medication (or preferably seek the advice of your doctor). If doing a parasite cleanse in conjunction with the colon cleanse, take each product at different times of the day.
- ⇒ The amount required may vary from individual to individual depending upon your current level of health, colon function, and the amount of encrusted fecal matter on the colon walls. Over a period time you should find this encrusted fecal matter being gently stripped from the colon walls and effectively eliminated from the body.
- ⇒ As with any cleanse, drink at least eight glasses of water per day.
- ⇒ Cleanse FX can also be used by making it into a tea. Empty one capsule into pre-heated water and let stand for 1 - 2 minutes. Add honey to taste if you find it too bitter and a sweetener is desired.
- ⇒ Pregnant women should not use Cleanse FX or any cleansing product without the consent of your physician. Always consult a health practitioner before usage with children.

*Please Note:* All information should be considered educational only. This information is not to be used to replace the services or instructions of a physician or qualified health care practitioner. Always consult your doctor or nutritionist before beginning any cleansing program.